## **ALLERGEN LIST**

Allergens in food served by our kitchen are marked with an 'x'.

| Allergens in tood s               |                                       |          |      |          |        |          |           |          |      | L O    |
|-----------------------------------|---------------------------------------|----------|------|----------|--------|----------|-----------|----------|------|--------|
|                                   | Gluten                                | Milk     | Soya | Eggs     | Celery | Nuts     | Sulphites | Mustard  | Fish | Sesame |
|                                   | <u> </u>                              |          |      |          | Ö      |          | dr        | Jus      |      | Ses    |
|                                   |                                       |          |      |          |        |          | S         | _        |      |        |
| Main Meals                        |                                       |          |      |          |        |          |           |          |      |        |
| Battered Fish                     | х                                     |          |      |          |        |          |           |          | х    |        |
| Fish Cake                         | X                                     |          |      |          |        |          |           |          | X    |        |
| Big Breakfast                     | X                                     | х        |      | Х        |        |          |           |          | ^    |        |
| Burger in a Bun                   | x                                     | ^        | х    | ^        |        |          |           |          |      |        |
| Mackerel                          | ^                                     |          | ^    |          |        |          |           |          | Х    |        |
| Five-Bean Chilli                  |                                       |          |      | Х        |        |          |           |          | ^    |        |
| Chicken Burger                    | \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ |          |      | ^        | V      |          |           |          |      |        |
|                                   | X                                     |          |      |          | X      |          |           |          |      |        |
| Chicken Nuggets                   | ^                                     | .,       |      |          | X      |          | V         | .,       |      |        |
| Chicken Korma                     |                                       | X        |      |          |        |          | X         | X        |      |        |
| Chicken Tikka                     |                                       | Х        |      |          |        |          | Х         | Х        |      |        |
| Cottage Pie                       | X                                     | Х        |      |          |        |          |           |          | .,   |        |
| Fish Fingers                      | X                                     |          |      |          |        |          |           |          | Х    |        |
| King Ina Fried Chicken            | X                                     |          |      |          |        |          |           |          |      |        |
| Cauliflower And Broccoli Bake     | Х                                     | Х        |      |          |        |          |           |          |      |        |
| Meatballs, Pasta and Tomato Sauce | Х                                     |          | Х    |          |        |          | Х         |          |      |        |
| Potato Pie                        |                                       | Х        |      |          |        |          |           |          |      |        |
| Pasta Bake                        | Х                                     | Х        |      |          |        |          |           |          |      |        |
| Pasta Bolognese                   | Х                                     |          |      |          |        |          |           |          |      |        |
| Pitta Bread Pizza                 | х                                     | Х        | Х    |          |        |          |           |          |      | X      |
| Veggie Bolognese                  | Х                                     |          |      | Χ        |        |          |           |          |      |        |
| Veggie Cottage/Shepherds Pie      | Х                                     | Χ        |      | Χ        |        |          |           |          |      |        |
| Veggie Korma/Tikka Masala         |                                       | Х        |      | Χ        |        |          | Х         | Х        |      |        |
| Veggie Sausages                   | Х                                     |          |      |          | Х      |          |           |          |      |        |
| Chicken or Beans Fajitas          | х                                     |          |      |          |        |          |           |          |      |        |
| Sausage                           | х                                     | Х        | Х    |          |        |          |           |          |      |        |
| Sausage rolls                     | х                                     | Х        | Х    | Χ        |        |          |           |          |      |        |
| Veggie Breakfast                  | Х                                     | Х        |      | Χ        | Х      |          |           |          |      |        |
| Veggie Burger                     | Х                                     |          |      |          |        |          |           |          |      |        |
| Veggie Nuggets                    | Х                                     |          |      |          |        |          |           |          |      |        |
| Sides                             |                                       |          |      |          |        |          |           |          |      |        |
| Hash Browns                       |                                       |          |      |          |        |          |           |          |      |        |
| Naan Bread                        | Х                                     |          |      |          |        |          |           |          |      |        |
| Pasta Hoops                       | Х                                     |          |      |          |        |          |           |          |      |        |
| Pitta Bread                       | х                                     | Х        | Х    |          |        |          |           |          |      | Х      |
| Seasoned Wedges/Curly Fries       | X                                     |          |      |          |        |          |           |          |      | ,,     |
| Tomato Sauce                      |                                       |          |      |          | х      |          | х         |          |      |        |
| Yorkshire Pudding                 | Х                                     | Х        |      | Х        |        |          |           |          |      |        |
| Desserts                          | 1                                     |          |      |          |        |          |           |          |      |        |
| Angel Delight                     | 1                                     | Х        |      |          |        |          |           |          |      |        |
| Cookie                            | Х                                     | X        |      | Х        |        |          |           |          |      |        |
| Ice Cream                         | +^-                                   | X        | Х    |          |        | х        |           |          |      |        |
| Jelly                             | +                                     | <u> </u> | ^    |          |        |          | х         |          |      |        |
| Muffins                           | Х                                     | Х        | х    | Х        |        |          | ^         |          |      |        |
| Strawberry Mousse                 |                                       | X        | ^    | ^        |        |          |           |          |      |        |
| Yoghurt                           | 1                                     | X        |      |          |        |          |           |          |      |        |
| Fruit cake, Pear Sponge, Brownies | X                                     | X        |      | X        |        |          |           |          |      |        |
| Trait cake, real sponge, brownies | ^                                     | ^        |      | ^        |        |          |           |          |      |        |
|                                   | 1                                     | l        | I    | <u> </u> | 1      | <u> </u> | <u> </u>  | <u> </u> | l    |        |