King Ina Church of England Academy

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Friday 7th January 2022

Dear Parents and Carers

It has been lovely to see the children back at school this week enjoying their learning and we are pleased to have high attendance figures in each class.

Covid-19

I am sure that you will have seen the updates to national Covid-19 guidance this week:

Asymptomatic (no symptoms) confirmatory PCR testing from 11th January 2022:

Asymptomatic people who receive a positive lateral flow device (LFD) test result should report their result on <u>gov.uk</u> and must self-isolate immediately but will not need to take a follow-up PCR test.

After reporting a positive LFD test result, they will be contacted by NHS Test and Trace so that their contacts can be traced.

Anyone who tests positive will be able to leave self-isolation seven days after the date of their initial positive test if they receive two negative lateral flow test results, 24 hours apart, on days six and seven.

Please note that **someone who is symptomatic**, (new persistent cough, loss of change to smell or taste, or high temperature) **should get a PCR even if they have already taken an LFD.** LFDs should only be used for asymptomatic testing.

Information Sessions for Parents

We are offering two more information sessions for parents this half term. Details of sessions and how to book are below:

<u>Behaviour Management Techniques</u> <u>With Family Solutions Somerset</u> <u>Monday, 24th January at 6:30pm, estimated end time 8pm</u>

A whistle stop tour of some parenting techniques and strategies to use with your children aged 2-18.

We will be looking at the following principles that underpin all areas of parenting (and relationships) whatever the age.

- Emotion Coaching, being able to label our emotions- CBT/Behaviour Curve
- Showing empathy not sympathy
- Attention children will seek any kind of attention good or bad

- Ignoring behaviours we want to see less of
- Specific praise... labelled
- Social Learning Theory new behaviours can be learnt by observing and imitating others (bandura)
- Use of rewards after the event (bribes come before), smart and cheap

The session will be fully collaborative, and we will be open to conversations and listening to your own techniques which have been successful.

To book a place to attend this session please visit: <u>https://forms.gle/9jR8M5hDZNnQnvTm8</u>

<u>Growth Mindset</u> <u>SCC Educational Psychologist</u> <u>31st January 2022 at 6:30pm, estimated end time 8pm</u>

The beliefs children have about intelligence, effort, and struggle impact the choices they make about learning. Children with a fixed mindset believe that intelligence is fixed at birth and doesn't change with practice. They see school as a place where abilities are evaluated and they interpret mistakes are a sign that they lack talent.

This session will help you help your child/ren to develop a **growth mindset** believing that intelligence can be developed. These students see school as a place to develop their abilities and think of challenges as opportunities to grow.

To book a place to attend this session please visit: <u>https://forms.gle/9cvon4GwrC3ChTaaA</u>

We will have the following measures put in place to reduce the risk of the spread of COVID-19:

- To observe social distancing
- To wear a face mask at all times
- To carry out a lateral flow test prior to arrival (to arrive only if negative)

Job Vacancies

We have 3 job vacancies that we are looking to fill as soon as possible:

- Higher Level Teaching Assistant to work within school
- Lunchtime Supervisor to work within school
- Parent Family Support Advisor to work across schools within the Community Learning Partnership

For details of all above posts and how to apply, please click on the link below to take you to our school website:

King Ina Academy Job Vacancies https://www.kingina.somerset.sch.uk/web/job_vacancies /348759

Key Dates for the Spring Term

Please find attached to this email, the key dates for the Spring Term.

We thank you for your continuing support.

Best wishes

Mrs S Svenson Headteacher