

## June / July 2020- MENU

	Week 1  w/c 8th June	Week 2  w/c 15th June	Week 3  w/c 22nd June	Week 4  w/c 29th June	Week 5  w/c 6th July	Week 6  w/c 13th July
Monday						
Main	Oven Baked Sausages	Macaroni Cheese with Bacon	Sausage Rolls	INSET DAY	Oven Baked Sausages	Chicken Burgers
Vegetarian	Veggie Fajitas and Tortilla Wraps	Veggie Sausages with Wedges and Beans	Veggie Chow Mein with Noodles		Veggie Fajitas and Tortilla Wraps	Cauliflower and Broccoli Bake
Sides	Wedges and Hoops	Salad and Bread	Wedges and Hoops		Wedges and Hoops	Wedges and Hoops
Dessert	Angel Delight	Strawberry Mousse	Angel Delight		Angel Delight	Angel Delight
Tuesday						
Main	Chicken and Roasted Vegetable	King Ina Fried Chicken	Chicken Korma	Pasta and choice of cheese or tomato sauce	Beef Chow Mein	Jacket Potato Day Choice of toppings and salad
Vegetaria	Veggie Cottage Pie with Seasonal Vegetables	50/50 Pasta Veggie Bolognese,Salad and Bread	Five-Bean Chilli		Chickpeas and Roasted Vegetable Couscous	
Sides	Couscous	Curly Fries, Salad,Coleslaw and Beans	Rice and Naan Bread	Salad and Garlic Bread	Noodles	
Dessert	Pear Sponge	Cocoa Beetroot Brownie	Banana Cake	Strawberry Mousse	Fruit Cake	Apple Flapjack
Wednesday						
Main	Roast Pork	Roast Beef	Spaghetti Bolognese	Sausage Roll	Tomato Soup	Vegatable Soup
Vegetarian	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Jacket Potato	Jacket Potato		
Sides	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Bread & Salad	Chips & Hoops	Garlic Bread	Garlic Bread
Dessert	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream
Thursday						
Main	50/50 Pasta and Meatballs in Tomato Sauce	Apple Pork Meatballs in Sweet and Sour Sauce	Butchers Burger in a Bun	Chicken Fajitas	Dorset Road Chinese Chicken	Chicken Tikka Masala
Vegetarian	Macaroni Cheese	Chickpeas and Roasted Vegetable Couscous	Cheese and Potato Pie ,Seasonal Vegetables	Veggie Big Breakfast	Veggie Nuggets with Wedges and Beans	Dorset Roads Chinese Quorn with Mixed Vegetables
Sides	Salad and Bread	Vegetable Rice	Salad and Beans	Tortilla Wraps	Rice and Seasonal Salad	Basmati Rice and Naan Bread
Dessert	Strawberry Mousse	Fruit Salad	Strawberry Mousse	Fruit Salad	Strawberry Mousse	Fruit Salad
Friday						
Main	Fish Cakes	Battered White Fish or Mackerel Salad	Tuna and Broccoli Pasta	Cod Fillet Fish Fingers	Fish Cakes	Battered White Fish or Mackerel Salad
Vegetarian	Pepper and Mushrooms Pizza with Cheese	Cheese Vegetables Bake	Veggie Pasta Bake	Pitta Bread Pizza	Vegetable Sausage and Sweetcorn Pasta Bake	Macaroni Cheese, Bread and Salad
Sides	Chips and Beans	Skinny Fries and Beans	Salad	Curly Fries and Beans	Skinny Fries and Beans	Curly Fries and Beans
Dessert	Fruit Muffins and Milk	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk

**All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.**

All Junior lunches cost £2.55 per day and **Infant lunches are Free under the government scheme.**

All main meals are served with fresh, seasonal vegetables unless otherwise stated

Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones.

On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Jacket Potato with a green salad and a choice of topping are also available every day

Fruit and Yogurt are available daily as alternative dessert options.

*Allergen Advice – as stated on previous information sheet – for more info please contact the school office.*

**Please note that all meals are subject to availability and may be changed at short notice.**