



September / October 2021- MENU

	Week 1 w/c 6 th sept	Week 2 w/c 13 th sept	Week 3 w/c 20 th sept	Week 4 w/c 27 th sept	Week 5 w/c 4 th oct	Week 6 w/c 11 th oct	Week 7 w/c 18 th oct
Monday							
Main	INSET Day	Oven Baked Sausages	Macaroni Cheese with Bacon Bits	Chicken Breast Nuggets	Chicken Burgers	Sausage rolls	macaroni cheese
Vegetarian		Veggie Fajitas and Tortilla Wraps	Veggie Sausages with Wedges and Beans	Chickpeas and roasted vegetable couscous	Cauliflower and Broccoli Bake	Veggie Fajitas and Tortilla Wraps	Cauliflower and Broccoli Bake
Sides		Wedges and Hoops	Vegetables	Skinny fries and Hoops	Wedges and Hoops	Wedges and Hoops	vegetables
Dessert		Angel delight	Pot of Ice cream	Angel Delight	Ice cream	Angel Delight	Angel Delight
Tuesday							
Main	INSET Day	Chicken tikka	King Ina Fried Chicken	Sausage Rolls	50/50 Pasta Bolognese	50/50 pasta and meatballs in tomato sauce	Jacket Potato Day Choice of toppings
Vegetaria		Veggie Cottage Pie with Seasonal Vegetables	50/50 Pasta Veggie Bolognese, Salad	Veggie Chow Mein with Noodles	Veggie Korma, Rice, Naan Bread	Macaroni Cheese	
Sides		Naan bread and rice	Curly Fries and Beans	Wedges and Hoops	Seasonal Salad	Vegetables	Salad
Dessert		Pear Sponge	Cocoa Beetroot Brownie	Fruit Cake	Pear Sponge	Fruit Cake	Cocoa Beetroot Brownie
Wednesday							
Main	Chicken Breast Nuggets	Roast Pork	Roast Beef	Roast Ham	Roast Pork	Roast Ham	Roast Pork
Vegetarian	Cauliflower and Broccoli Bake	Veggie Burger or veggie sausage	Veggie Burger or veggie sausage	Veggie Burger or veggie sausage	Veggie Burger or veggie sausage	Veggie Burger or veggie sausage	Veggie Burger or veggie sausage
Sides	Vegetables	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding
Dessert	Angel Delight	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit
Thursday							
Main	50/50 Pasta Bolognese	50/50 Pasta and Meatballs in Tomato Sauce	Pork & Apple Meatballs with apple sauce	Chicken Korma	Big Breakfast	Chicken in Sweet and Sour Sauce	Chicken Tikka Masala
Vegetarian	Five Bean Chilli with Rice and Pitta Bread	Macaroni Cheese	veggie Tikka and naan bread	Five Bean Chilli	Veggie Big Breakfast	Veggie Nuggets with Wedges and Beans	Dorset Roads Chinese Quorn with Mixed Vegetables
Sides	Vegetables	Vegetables	Vegetable Rice	Rice and Naan Bread	Scrambled eggs, Hash browns and Beans	Vegetable Rice	Basmati Rice and Naan Bread
Dessert	Fruit Salad	ice cream	Fruit Salad	ice cream	Fruit Salad	ice cream	Fruit Salad
Friday							
Main	Cod Fillet Fish Fingers	Fish Cakes	Battered White Fish or Mackerel Salad	Cod Fillet Fish Fingers	Fish Cakes	Battered White Fish or Mackerel Salad	Fish Fingers
Vegetarian	Veggie Pasta Bake	Pepper and Mushrooms Pizza with Cheese	Cheese Vegetables Bake	Veggie Pasta Bake	Pitta Bread Pizza	Vegetable Sausage and Sweetcorn Pasta Bake	Macaroni Cheese and Salad
Sides	Curly Fries and Seasonal Veg	Chips and Beans	Skinny Fries and Beans	Curly Fries and Beans	Chips and Seasonal Vegetables	Skinny Fries and Beans	Curly Fries and Beans
Dessert	Cookie	Fruit Muffins	Cookie	Fruit Muffins	Cookie	Fruit Muffins	Cookie

All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.

All Junior lunches cost £2.55 per day and **Infant lunches are Free under the government scheme.**

All main meals are served with fresh, seasonal vegetables unless otherwise stated

Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones.

On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Jacket Potato with a green salad and a choice of topping are also available every day

Fruit and Yogurt are available daily as alternative dessert options.

Allergen Advice – The information sheet can be found on the school website – for more info please contact the school office.

Please note that all meals are subject to availability and may be changed at short notice.