

November / December 2019- MENU

	Week 1 w/c 4th November	Week 2 w/c 11th November	Week 3 w/c 18th November	Week 4 w/c 25th November	Week 5 w/c 2nd December	Week 6 w/c 9th December	Week 7 w/c 16th December
Monday							
Main	Chicken Breast Nuggets	Oven Baked Sausages	Macaroni Cheese with Bacon Bits	Sausage Rolls	Chicken Burger	Oven Baked Sausages	Chicken Breast Nuggets
Vegetarian	Vegi Nuggets	Vegi Sausage	Macaroni Cheese	Quorn Sausages	Vegi Burger	Vegi Sausage	Vegi Nuggets
Sides	Wedges and Hoops	Wedges and Hoops	Vegetables and Bread	Wedges and Beans	Wedges and Hoops	Wedges and Hoops	Wedges and Hoops
Dessert	Angel Delight	Angel Delight	Strawberry Mousse	Angel Delight	Angel Delight	Angel Delight	Angel Delight
Tuesday							
Main	Pasta Bolognese	Pork Meatballs in Sweet and Sour Sauce	Shepherds Pie	Chicken Korma	Big Breakfast	Chicken Tikka Masala	Infant Christmas Lunch
Vegetaria	Quorn Bolognese	Sweet and Sour Quorn	Quorn Shepherds Pie	Vegetable Korma	Vegi Big Breakfast	Vegetable Tikka Masala	Junior site :Pasta and home-made,rich in veg tomato sauce
Sides	Vegetables and Bread	Vegetable Rice	Seasonal Veg	Rice and Naan Bread	Scrambled eggs,Hash browns and Beans	Basmati Rice and Naan Bread	Salad and Bread
Dessert	Fruit Cake	Fruit Salad	Fruit Cake	Fruit Salad	Fruit Cake	Fruit Salad	Fruit or Fruit Yoghurt
Wednesday							
Main	Roast Pork	Roast Ham	Roast Chicken	Roast Beef	Roast Ham	Roast Pork	Hot Dogs
Vegetarian	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Hot Dogs
Sides	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Salad and Beans
Dessert	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Fruit Salad
Thursday							
Main	Big Breakfast	King Ina Fried Chicken	Butchers Burger in a Bun	Pasta and Meatballs in Tomato Sauce	Cottage Pie	Jacket Potato Day	Junior Christmas Lunch
Vegetarian	Vegi Big Breakfast	Vegi Nuggets	Vegi Burger in a Bun	Pasta and Quorn in Tomato Sauce	Quorn Cottage Pie	Choice of toppings	Infant Site :Pasta and home-made,rich in veg tomato sauce
Sides	Scrambled eggs,Hash browns and Beans	Curly Fries ,Salad,Coleslaw and Beans	Salad and Beans	Bread and Salad	Vegetables	Salads	Salad and Bread
Dessert	Natural Yoghurt with Fruit Purée	Fruit Sorbet	Fruit Salad	Fruit Sorbet	Natural Yoghurt with Fruit Purée	Fruit Sorbet	Fruit or Fruit Yoghurt
Friday							
Main	Cod Fillet Fish Fingers	Battered White Fish	Fish Cakes	Oven Poached Salmon	Cod Fillet Fish Fingers	Battered White Fish	Fish Cakes
Vegetarian	Vegi Burger	Vegi Pasta Bake	Vegi Pasta Bake	Vegi Pasta Bake	Vegi Nuggets	Vegi Pasta Bake	Vegi Pasta Bake
Sides	Curly Fries and Vegetables	Potatoes ,Seasonal Veg	Skinny Fries ,Peas and Sweetcorn	New Potatoes and Vegetables	Skinny Fries and Beans	Curly Fries and Beans	Skinny Fries and Beans
Dessert	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk	Fruit Muffins and Milk	Strawberry Mousse

All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.

All Junior lunches cost £2.55 per day and **Infant lunches are Free under the government scheme .**

All main meals are served with fresh, seasonal vegetables unless otherwise stated

Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones.

On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Our Natural Low Fat Yogurt is sweetened with honey.

Fruit and Yogurt are available daily as alternative dessert options.

Allergen Advice – as stated on previous information sheet – for more info please contact the school office.

Please note that all meals are subject to availability and may be changed at short notice.