



Information Sessions for Parents, Guardians & Carers 2019/20

Venue for all sessions: H1, Huish Sixth Form, Huish Episcopi Academy, Langport, TA10 9SS

Due to the positive response from parents who attended last year, we are offering these sessions again, they are useful for parents, governors and staff and can all be booked online.

On-line Safety & Social Media

With Julia Briggs, Somerset's Education Technology Advisor

Wednesday, 6th November 2019

Starting at 6:30pm, estimated end time 8pm

New technologies inspire children to be creative, communicate and learn. But with the digital world changing all the time, how can you make sure your child's staying safe?

This session will provide parents/guardians/carers with information to support their children to enjoy technology safely and responsibly. You will have the opportunity to think about what you want to do to protect your family and to equip them for their future.

To book a place on this session please visit: <https://forms.gle/VE6gh2KhoR1Pgkah8>

Children's Well-being and Mental Health

With Somerset's Schools Health and Emotional Resilience Education (SHARE) team

Monday, 25th November 2019

Starting at 6:30pm, estimated end time 8pm

Mental health problems affect about 1 in 10 children and young people. They include depression, self-harm, generalised anxiety disorder and eating disorders.

This session will help parents/guardians/carers promote good mental health, well-being and resilience supporting physical health, positive relationships and education.

To book a place on this session please visit: <https://forms.gle/LSj9uyU3HcN2TqYK9>

Dyslexia Awareness

With Mark Long, Lead Advisory Teacher

Wednesday, 26th February 2020

Starting at 6:30pm, estimated end time 8pm

Dyslexia is a learning difference that affects 1 in 10 people. Individuals with dyslexia often find it challenging to develop reading and spelling fluency and can also have difficulty with remembering verbal instructions and learning sequences such as the alphabet, days of the week and times table facts.

This session provides an introduction to dyslexia. It explains why children with dyslexia can find reading, spelling and writing so challenging and describes strategies that can be used to help children improve in these areas.

To book a place on this session please visit: <https://forms.gle/Qptdo9QzkZisPiqv7>

Growth Mindset

With Dr Dawn Starley, Educational Psychologist

Wednesday, 25th March 2020

Starting at 6:30pm, estimated end time 8pm

The beliefs children have about intelligence, effort, and struggle impact the choices they make about learning. Children with a fixed mindset believe that intelligence is fixed at birth and doesn't change with practice. They see school as a place where abilities are evaluated and they interpret mistakes as a sign that they lack talent.

This session will help you help your child/ren to develop a **growth mindset** believing that intelligence can be developed. These students see school as a place to develop their abilities and think of challenges as opportunities to grow.

To book a place on this session please visit: <https://forms.gle/RvhuWArcdvUm16gy6>