

January / February 2020- MENU

	Week 1 w/c 6 th January	Week 2 w/c 13 th January	Week 3 w/c 20 th January	Week 4 w/c 27 th January	Week 5 w/c 3 ^h February	Week 6 w/c 10 th February
Monday						
<i>Main</i>	Chicken Breast Nuggets	50/50 Macaroni Cheese with Bacon Bits	Sausage Rolls	Chicken Burger	Oven Baked Sausages	Pizza with Ham and Cheese
<i>Vegetarian</i>	Vegi Nuggets	50/50 Macaroni Cheese	Quorn Sausages	Vegi Nuggets	Vegi Sausages	Pizza with Cheese
<i>Sides</i>	Wedges and Hoops	Bread and Vegetables	Wedges and Hoops	Wedges and Hoops	Wedges and Hoops	Salad and Beans
<i>Dessert</i>	Angel Delight	Strawberry Mousse	Angel Delight	Angel Delight	Angel Delight	Angel Delight
Tuesday						
<i>Main</i>	50/50 Pasta Bolognese	Butchers Burger in a Bun	50/50 Pasta and Meatballs in Tomato Sauce	Pork Meatballs in Sweet and Sour Sauce	Jacket Potato Day	Cottage Pie
<i>Vegetaria</i>	Quorn Bolognese	Vegi Burger in a Bun	50/50 Pasta and Quorn in Tomato Sauce	Sweet and Sour Quorn		Quorn Cottage Pie
<i>Sides</i>	Bread and Salad	Salad and Beans	Peas and Bread	50/50 Vegetable Rice	Choice of toppings and salad	Seasonal Veg
<i>Dessert</i>	Fruit Cake	Fruit Salad	Fruit Cake	Fruit Salad	Fruit Cake	Fruit Salad
Wednesday						
<i>Main</i>	Roast Ham	Roast Pork	Roast Chicken	Roast Beef	Roast Ham	Roast Pork
<i>Vegetarian</i>	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast
<i>Sides</i>	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding
<i>Dessert</i>	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream
Thursday						
<i>Main</i>	Shepherds Pie	Chicken Korma	Big Breakfast	Cheese and Potatoe Pie with Bacon	Chicken Tikka Masala	King Ina Fried Chicken
<i>Vegetarian</i>	Quorn Shepherds Pie	Vegetable Korma	Vegi Big Breakfast	Cheese and Potatoe Pie	Vegetable Tikka Masala	Vegi Nuggets
<i>Sides</i>	Seasonal Veg	50/50 Rice and Naan Bread	Scramble eggs,Hash browns and Beans	Seasonal Veg	Basmati Rice and Naan Bread	Curly Fries, Salad,Coleslaw and Beans
<i>Dessert</i>	Fruit Salad	Angel Delight	Fruit Salad	Strawberry Mousse	Fruit Salad	Strawberry Mousse
Friday						
<i>Main</i>	Fish Cakes	Cod Fillet Fish Fingers	Battered White Fish or Mackerel Salad	Fish Cakes	Cod Fillet Fish Fingers	Inset Day
<i>Vegetarian</i>	Cauliflower and Broccoli Bake	Vegi Pasta Bake	Cheese and Potatoe Pie with Vegetables	Vegi Pasta Bake	Vegi Nuggets	
<i>Sides</i>	Skinny Fries and Beans	Wedges and Beand	Potatoes,Seasonal Vegetables	Curly Fries and Beans	Skinny Fries and Beans	
<i>Dessert</i>	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk	

e placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.

*All Junior lunches cost £2.55 per day and **Infant lunches are Free under the government scheme .***

All main meals are served with fresh, seasonal vegetables unless otherwise stated
though every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones.
when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Our Natural Low Fat Yogurt is sweetened with honey.

Fruit and Yogurt are available daily as alternative dessert options.

ergen Advice – as stated on previous information sheet – for more info please contact the school office.

Please note that all meals are subject to availability and may be changed at short notice.