

## FEBRUARY / MARCH 2019

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	w/c 25th February	w/c 4th March	w/c 11th March	w/c 18th March	w/c 25th March	w/c 1st April
<b>Monday</b>						
<i>Main</i>	Chicken Breast Nuggets	Oven Baked Sausages	Sausage Rolls	Macaroni Cheese with Bacon Bits	Pasta and homemade, rich in veg tomato sauce, Bread and Green Beans.	Oven Baked Sausages
<i>Vegetarian</i>	Vegi Nuggets	Veggie Sausages	Quorn Sausages	Macaroni Cheese		Veggie Sausages
<i>Sides</i>	Wedges and Hoops	Wedges and Hoops	Wedges and Hoops	Salad & Bread	Bread and Salad	Wedges and Hoops
<i>Dessert</i>	Angel Delight	Angel Delight	Angel Delight	Strawberry Mouse	Angel Delight	Angel Delight
<b>Tuesday</b>						
<i>Main</i>	Pasta Bolognese	Chicken Tikka Masala	Pasta and Meatballs in Tomato Sauce	Shepherds Pie	JACKET POTATO DAY Choice of toppings	Pork Meatballs in Sweet and sour sauce
<i>Vegetarian</i>	Quorn Bolognese	Quorn Tikka Masala	Pasta and Quorn in Tomato Sauce	Vegtable Shepherds Pie		Sweet and sour Quorn
<i>Sides</i>	Salad & Bread	Rice and Naan Bread	Salad & Bread	Seasonal Vegetables	Salad	Vegtable Rice
<i>Dessert</i>	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
<b>Wednesday</b>						
<i>Main</i>	Roast Turkey	Roast Ham	Roast Chicken	Roast Pork	Roast Beef	Roast Ham
<i>Vegetarian</i>	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast
<i>Sides</i>	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding
<i>Dessert</i>	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream	Jelly & Icecream
<b>Thursday</b>						
<i>Main</i>	Pork Meatballs in Sweet and sour sauce	Butchers Burger in a Bun	Big Breakfast	Chicken Korma	King Ina Fried Chicken	Chicken Burger
<i>Vegetarian</i>	Sweet and sour Quorn	Vegi Burger in a Bun	Vegi Big Breakfast	Quorn Korma	Vegi Burger	Vegi Nuggets
<i>Sides</i>	Vegtable Rice	Salad and Beans	Scramble eggs, Hash browns and Beans	Rice and Naan Bread	Wedges and Hoops	Curly Fries and Beans
<i>Dessert</i>	Natural Yogurt with Fruit Puree	Fruit Sorbet	Natural Yogurt with Fruit Puree	Fruit Sorbet	Natural Yogurt with Fruit Puree	Natural Yogurt with Fruit Puree
<b>Friday</b>						
<i>Main</i>	Battered White Fish	Cod Fillet Fish Fingers	Oven Poached Salmon	Fish Cakes	Battered White Fish	Salmon Fish Fingers
<i>Vegetarian</i>	Vegi Burger	Vegi Pasta Bake	Vegi Nuggets	Vegi Burger	Vegi Pasta Bake	Vegi Pasta Bake
<i>Side</i>	Curly Fries and Beans	Skinny Fries, Peas and Sweetcorn	Potatoes, Seasonal Vegetables	Wedges and Beans	Potatoes, Seasonal Vegetables	Potatoes, Seasonal Vegetables
<i>Dessert</i>	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk	Fruit Muffins and Milk	Cookie and Milk	Special Ice Cream

*All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.*

*All Junior lunches cost £2.55 per day and Infant lunches are Free under the government scheme.*

All main meals are served with fresh, seasonal vegetables unless otherwise stated

Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones.

On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Our Natural Low Fat Yogurt is sweetened with honey.

Fruit and Yogurt are available daily as alternative dessert options.

*Allergen Advice – as stated on previous information sheet – for more info please contact the school office.*

***Please note that all meals are subject to availability and may be changed at short notice.***