## January / February 2021- MENU

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	w/c 4 <sup>th</sup> January	w/c 11 <sup>th</sup> January	w/c 18 <sup>th</sup> January	w/c 25 <sup>th</sup> January	w/c 1 <sup>st</sup> February	w/c 8 <sup>th</sup> February
Monday						
Main		Oven Baked Sausages	Macaroni Cheese with Bacon Bits	Sausage Rolls	Chicken Burger	Oven Baked Sausages
Vegetarian	INSET DAY	Veggie Fajitas and Tortilla Wraps	Veggie Sausages with Wedges and Beans	Veggie Chow Mein with Noodles	Cauliflower and Broccoli Bake	Veggie Fajitas and Tortilla Wraps
Sides		Wedges and Hoops	Salad and Bread	Wedges and Hoops	Wedges and Hoops	Wedges and Hoops
Dessert		Angel Delight	Strawberry Mousse	Angel Delight	Angel Delight	Angel Delight
Tuesday						
Main	Chicken Breast Nuggets	Chicken Tikka Masala	King Ina Fried Chicken	Chicken Korma	Big Breakfast	Beef Chow Mein
Vegetaria	Cauliflower and Broccoli Bake	Veggie Cottage Pie with Seasonal Vegetables	50/50 Pasta Veggie Bolognese, Salad and Bread	Five-Bean Chilli	Veggie Big Breakfast	Chickpeas and Roasted Vegetable Couscous
Sides	Wedges and Hoops	Rice and Naan Bread	Curly Fries, Salad, Coleslaw and Beans	Rice and Naan Bread	Scrambled eggs, Hash browns and Beans	Noodles
Dessert	Angel Delight	Pear Sponge	Cocoa Beetroot Brownie	Fruit Cake	Apple Flapjack	Pear Sponge
Wednesday						
Main	Roast Ham	Roast Pork	Roast Beef	Roast Ham	Roast Beef	Roast Pork
Vegetarian	Veggie Burger or Nut Roast	Veggie Burger or Nut Roast	Veggie Burger or Nut Roast	Veggie Burger or Nut Roast	Veggie Burger or Nut Roast	Veggie Burger or Nut Roast
Sides	Roast Potatoes and Yorkshire Pudding, Veg	Roast Potatoes and Yorkshire Pudding, Veg	Roast Potatoes and Yorkshire Pudding, Veg	Roast Potatoes and Yorkshire Pudding, Veg	Roast Potatoes and Yorkshire Pudding, Veg	Roast Potatoes and Yorkshire Pudding, Veg
Dessert	Jelly	Jelly	Jelly	Jelly	Jelly	Jelly
Thursday						
Main	Big Breakfast	50/50 Pasta and Meatballs in Tomato Sauce	Apple Pork Meatballs in Sweet and Sour Sauce	Butchers Burger in a Bun	Chicken Fajitas	Dorset Road Chinese Chicken
Vegetarian	Veggie Big Breakfast	Macaroni Cheese	Chickpeas and Roasted Vegetable Couscous	Cheese and Potato Pie, Seasonal Vegetables	Veggie Tikka Masala, Rice and Naan Bread	Veggie Nuggets with Wedges and Beans
Sides	Scrambled eggs, Hash browns and Beans	Vegetables	Vegetable Rice	Fries and Beans	Tortilla Wraps	Rice and Seasonal Salad
Dessert	Fruit Salad	Strawberry Mousse	Fruit Salad	Strawberry Mousse	Fruit Salad	Strawberry Mousse
Friday						
Main	Cod Fillet Fish Fingers	Fish Cakes	Battered White Fish or Mackerel Salad	Salmon and Broccoli Pasta	Cod Fillet Fish Fingers	Battered White Fish or Mackerel Salad
Vegetarian	Veggie Pasta Bake	Pepper and Mushrooms Pizza with Cheese	Cheese Vegetables Bake	Veggie Pasta Bake	Pitta Bread Pizza	Vegetable Sausage and Sweetcorn Pasta Bake
Sides	Curly Fries and Seasonal Veg	Chips and Beans	Skinny Fries and Beans	Peas and Bread	Curly Fries and Beans	Skinny Fries and Beans
Dessert	Cookie	Fruit Muffins	Cookie	Fruit Muffins	Cookie	Fruit Muffin

All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.

All Junior lunches cost £2.55 per day and Infant lunches are Free under the government scheme.

All main meals are served with fresh, seasonal vegetables unless otherwise stated

Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones.

On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Jacket Potato with a green salad and a choice of topping are also available every day

Fruit and Yogurt are available daily as alternative dessert options.

Allergen Advice – The information sheet can be found on the school website – for more info please contact the school office.