

NOVEMBER/DECEMBER 2018 -MENU

	Week 1 w/c 5 th November	Week 2 w/c 12 th November	Week 3 w/c 19 th November	Week 4 w/c 26 th November	Week 5 w/c 3 th December	Week 6 w/c 10 th December	Week 7 w/c 17 th December
Monday							
Main	Chicken Breast Nuggets	Oven Baked Sausages	Macaroni Cheese with Bacon	Pasta with homemade rich in veg tomato sauce	Chicken Nuggets	Oven Baked Sausages	Sausage Rolls
Vegetarian	Vegi Nuggets	Quorn Sausage	Macaroni Cheese		Vegi Nuggets	Quorn Sausage	Quorn sausages
Sides	Wedges and Hoops	Wedges and Beans	Salad and Bread	Salad and Bread	Wedges and Hoops	Wedges and Beans	Wedges and Beans
Dessert	Angel Delight	Angel Delight	Strawberry Mousse	Strawberry Mousse	Angel Delight	Angel Delight	Strawberry Mousse
Tuesday							
Main	Pasta and Meatballs	Pasta Bolognese	Shepherds Pie	Sweet Thai-Chilli Chicken	Pork Meatballs in Sweet & Sour Sauce	Chicken & Sweetcorn Pasta Bake	Infant Christmas lunch with ice-cream Junior Pasta and homemade rich in veg tomato sauce
Vegetarian	Pasta with vegi sauce	Quorn Bolognese	Quorn Shepherds Pie	Sweet Thai-Chilli Quorn	Sweet & Sour Quorn	Quorn & Sweetcorn Pasta Bake	Infant Christmas Nut Roast lunch with ice-cream
Sides	Salad and Bread	Bread and Salad	Seasonal Veg	Vegetable Rice	Vegetable Rice	Bread and Salad	Junior Salad & Bread
Dessert	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Junior Yoghurt/Fruit
Wednesday							
Main	Roast Beef	Roast Ham	Roast Chicken	Roast Pork	Roast Beef	Roast Ham	Junior Christmas lunch with ice-cream Infant Pasta and homemade rich in veg tomato sauce
Vegetarian	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Vegi Burger or Nut Roast	Junior Christmas Nut Roast lunch with ice-cream
Sides	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Roast Potatoes and Yorkshire Pudding	Infant Salad & Bread
Dessert	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Jelly & Ice cream	Infant Yoghurt/Fruit
Thursday							
Main	Chicken Tikka	King Ina Fried Chicken	Butchers Burger in a Bun	Sausage Rolls	Big Breakfast	Jacket Potato Day	Chicken Burger
Vegetarian	Quorn Tikka	Vegi Burger	Vegi Burger in a Bun	Quorn sausages	Vegi Big Breakfast		Vegi Burger
Sides	Basmati Rice and Naan Bread	Curly Fries ,salad and coleslaw	Salad and Beans	Wedges and Beans		Choice of toppings and salad	Skinny Fries and Hoops
Dessert	Fruit sorbet	Natural Yogurt with Fruit Puree	Fruit Sorbet	Natural Yogurt with Fruit Puree	Fruit Sorbet	Natural Yogurt with Fruit Puree	Fruit Sorbet
Friday							
Main	Cod Fillet Fish Fingers	Battered White Fish	Salmon Fish Fingers	Oven Poached Salmon	Cod Fillet Fish Fingers	Battered White Fish	Hot Dogs
Vegetarian	Vegi Burger	Vegi Pasta Bake	Vegi Nuggets	Vegi Burger	Vegi Burger	Vegi Pasta Bake	Vegetarian hot dogs
Sides	Curly Fries ,Peas and Sweetcorn	New Potatoes & Seasonal Veg	Wedges and Beans	New Potatoes, Seasonal Vegetables	Wedges, Peas and Sweetcorn	New Potatoes, Seasonal Veg	Salad and Beans
Dessert	Cookie and Milk	Muffin and Milk	Cookie and Milk	Muffin and Milk	Cookie and Milk	Muffin and Milk	Cookie and Milk

All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.
All Junior lunches cost £2.55 per day and Infant lunches are Free under the government scheme.

All main meals are served with fresh, seasonal vegetables unless otherwise stated. Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones. On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice. Our Natural Low Fat Yogurt is sweetened with honey.
Fruit and Yogurt are available daily as alternative dessert options.

Allergen Advice – as stated on previous information sheet – for more info please contact the school office.
Please note that all meals are subject to availability and may be changed at short notice.